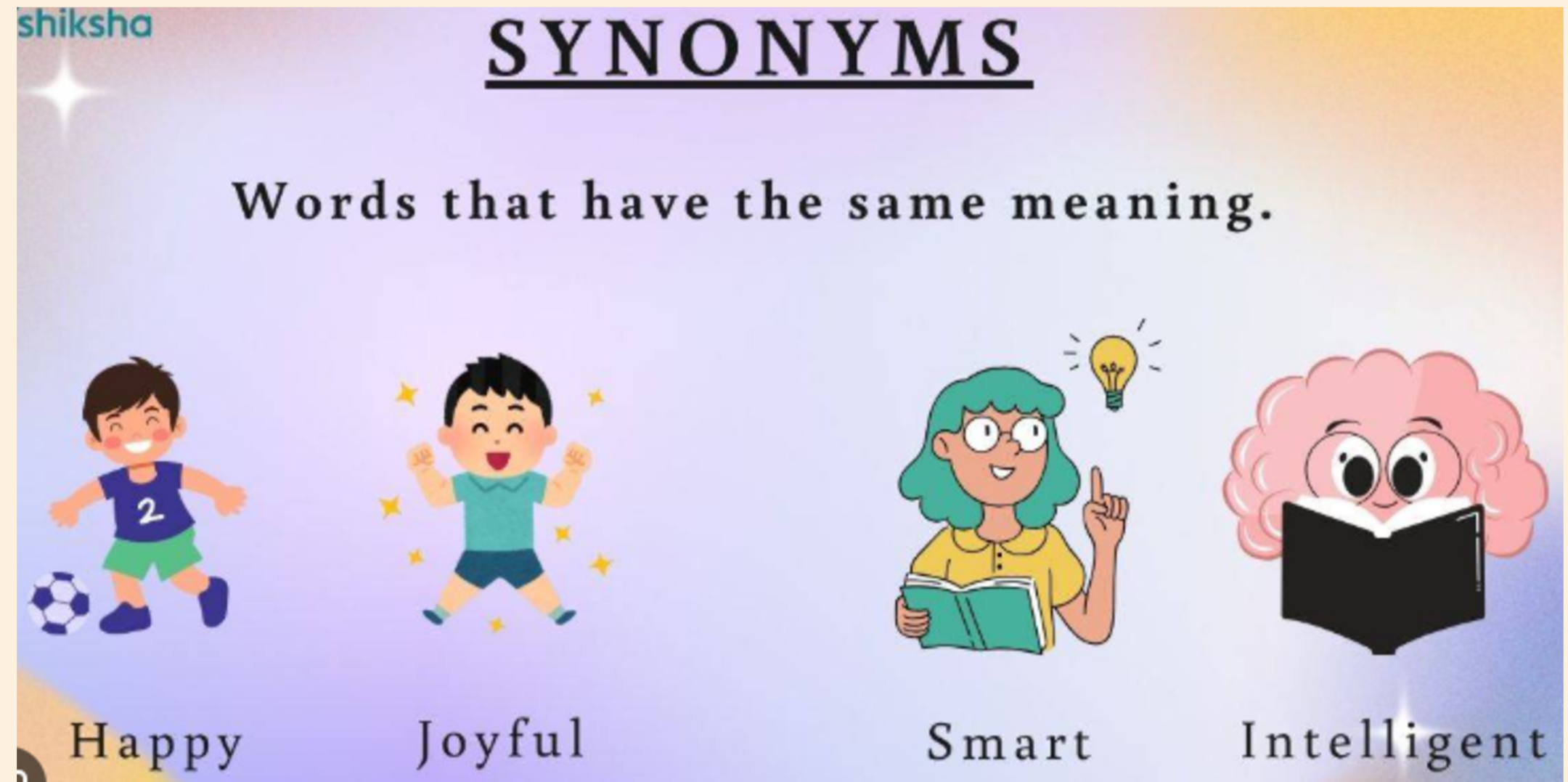


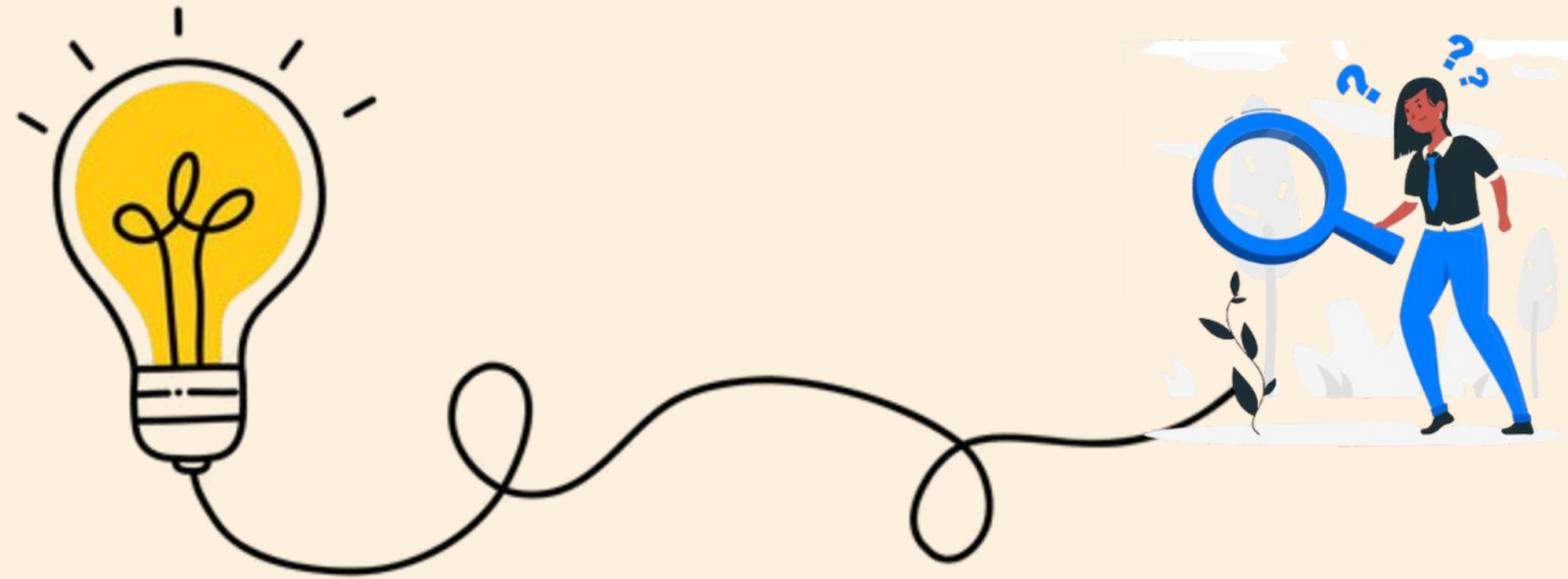
**TOPIC 1.2**  
**LISTEN FOR REPETITION OF  
WORDS AND PHRASES**

**Look for Synonyms:** Speakers often don't repeat the exact same word, but they will repeat the idea using different words (synonyms). If you hear "global warming," "climate change," and "rising temperatures" all mentioned several times, the main idea is clearly linked to that concept.



**Identify the Dominant Theme:** Which subject or concept receives the most airtime and supporting examples? The main idea is usually the umbrella under which all the examples and facts reside.

- Example: If a speaker talks about running, swimming, and cycling (details), but constantly brings them back to the overall improvement of mental health (repetition/theme), the main idea is likely about mental health benefits of exercise.



**Listen for Signal Words:** These words explicitly point to important information or the main idea.

- Emphasis: "Crucially," "Importantly," "Significantly," "The key point is..."
- Conclusion: "Therefore," "In summary," "In conclusion," "To recap..."
- Listing (often leads to the main idea): "First," "Second," "Finally."

